

Ph.D. position at the intersection of Work and Organizational and Clinical Psychology with an interest in the link between work stressors and eating behavior at the Faculty of Psychology and Neuroscience

Short link: www.academictransfer.com/51185

Job description

Unhealthy eating habits have been shown to lead to major health impairments, such as obesity and coronary heart disease. An important risk factor for unhealthy eating is the experience of stress. Although a major source of stress in individuals' daily life is their work, knowledge about the effects of work characteristics on eating behavior is still scarce. The goal of this Ph.D. project is to investigate the role of work demands and resources for (un)healthy eating behavior as well as the underlying psychological mechanisms and boundary conditions involved in these links. We are looking for a Ph.D. candidate with an interest in work and organizational as well as clinical psychology who is highly motivated and possesses excellent statistics skills. The Ph.D. student will work under the supervision of Dr. Ute Hülshager, Dr. Annika Nübold (Department of Work and Social Psychology) and Dr. Sjaan Nederkoorn (Department of Clinical Psychological Science) at the Faculty of Psychology and Neuroscience at Maastricht University. The project combines expertise from both departments and requires interest in both areas, i.e., work demands and resources and eating behavior.

Requirements

- Very good Master's degree in Psychology;
- Excellent quantitative research and data analytic skills; experience with data analysis software beyond SPSS will be considered favorably (e.g. R, Matlab, Mplus)
- Excellent scientific writing skills;
- Excellent self-management skills and high levels of proactivity and conscientiousness
- Demonstrable interest in work and organizational as well as eating behavior research;
- High proficiency in English is expected; Dutch language skills are of advantage

Conditions of employment

Temporary employment for 4 years.

Your salary will be € 2.266,- gross per month in the first year up to € 2.897,- gross per month in the fourth year according to the PhD-student salary scale.

Each year an evaluation will take place.

The terms of employment of Maastricht University are set out in the Collective Labour Agreement of Dutch Universities (CAO). Furthermore, local UM provisions also apply.

For more information look at the website www.maastrichtuniversity.nl → Support → UM employees → Employment conditions.

Employer

Maastricht University is renowned for its unique, innovative, problem-based learning system, which is characterized by a small-scale and student-oriented approach. Research at UM is characterized by a multidisciplinary and thematic approach, and is concentrated in research institutes and schools. Maastricht University has around 16,000 students and 4,000 employees. Reflecting the university's strong international profile, a fair amount of both students and staff are from abroad. The university hosts 6 faculties: Faculty of Health, Medicine and Life Sciences, Faculty of Law, School of Business and Economics, Faculty of Humanities and Sciences, Faculty of Arts and Social Sciences, Faculty of Psychology and Neuroscience.

<http://www.maastrichtuniversity.nl/>

Research Groups**Work & Organizational Psychology**

The research group of Work and Organizational Psychology particularly focusses on topics related to occupational health psychology, for example sustainable employment and well-being at work. The research studies focus on understanding the predictors and mechanisms related to sustainable employment and the development of interventions that promote employees' well-being at work.

Eating Disorders and Obesity

The research group on Eating Disorders and Obesity examines the psychology of unhealthy eating and eating disorders. The studies focus on the discovery and unraveling of psychological mechanisms that maintain disordered eating and on the development of new interventions that tackle these mechanisms.

Application

Please send your application (motivation letter and CV) until **December 17, 2018** via e-mail to hrm-rw-vacatures@maastrichtuniversity.nl. Please mention *AcademicTransfer* and the job number **AT2018.334** in your letter.

Additional information

Starting date: March 1, 2018

For more information on this project, please contact a.nubold@maastrichtuniversity.nl.